

Equipment – Additional Clothing



Jumpers & Jackets



Recycled PVC Jumpers



Wet Weather Clothing

Additional Clothing

Introduction

The divide between what you wear and the additional clothing that you take with you, will vary greatly based on weather, season, terrain, vegetation and other conditions. Personal preferences will also provide a considerable difference.

The additional clothing suggested here is as an extension to the suggestions on “What To Wear”, as outlined in that section of the website.

As you move into more challenging adventures you may find the need, or desire, to upgrade some items. Some suggestions for these can be found in the Advanced Equipment sections of the website.

The items presented here come from our own personal choices and experience. Hopefully, they can at least give you an idea of where to start.

Scope

The suggested items are based on reasonably easy, day trips with a good weather forecast.

Jumpers

Regardless of the prevailing weather or forecast, we would always suggest that a good quality jumper is carried for each person in the group. Wool or wool-blend garments are strongly suggested as they maintain a higher level of warmth if they get wet.



Spare Clothes & Socks



Dry Bag & Items



Consider the possibilities



Make YOUR considered decisions

There are also some excellent jumpers made from recycled PVC and the like, that are both highly water resistant (not waterproof) and good at maintaining warmth when wet.

Wet Weather Clothing

It is always worth considering Wet Weather Clothing and there are some excellent options available. Some ideas on these are provided in the Advanced Equipment Section of the website.

Whether to take wet weather clothing on a trip or not, can come down to a balance of how much you carry versus the chances of actually needing it. An additional consideration is what alternate items you have with you in case of unexpected bad weather. This can be where Safety Blankets become invaluable.

On short day trips, in good weather with plenty of time and good weather forecast, we may sometimes forgo the additional weight and bulk of wet weather clothing ONLY if we are carrying sufficient Safety Blankets, Jumpers and emergency shelters for all members of the group.

However, this DECISION is your responsibility and you MUST be willing to accept the risks it may pose.

Spare socks.

To carry a spare set of socks is always worth considering, particularly for any children in the group.

When socks get wet, there can be an increased chance of blisters. So, for the minimal weight and bulk they pose, it is a pretty good addition to your Load List.

Spare shorts & Shirts

Particularly with children in a group, it is well worth considering carrying these for them. If there is water around, and with kids being kids, the chances of them getting soaking wet, is often a near certainty.

A set of dry clothes for them to change into can help eliminate issues, particularly if your trip involves any reasonable distance in returning to your start point.

An alternative or addition to this, which we almost always use, is to have a “dry bag” in the car with towels and full changes of clothes.

Conclusion.

This concludes our ideas on additional clothing. We suggest you next review some ideas on what to carry.